



# PALMERSTON NORTH TRAMPING AND MOUNTAINEERING CLUB INC.

P.O. BOX 1217, PALMERSTON NORTH

**Newsletter - November 2003**

## CLUB NIGHTS

*Club nights are on the second and last Thursday of each month at the Society of Friend's Hall, 227 College Street, at 7:45pm **sharp**. All welcome!*

*At the club night: Please sign the visitor's book. A 50c door fee includes supper.*

**Oct 30**            **Venue: City Rock (see Oct. newsletter)**

**Nov 6**            **Committee meets at Dave's.**

**Nov 13**           **Never Too Old**  
**Liz Morrison**

People come in a range of ages, and hills come in a range of sizes (and vice versa). Liz will introduce some easy tramps, as well as some gear she still has from the good ol' days. Being Everest year, Liz plans to slip in some slides taken in Nepal, where she trekked to Tengboche Monastery. Tonight, as in the mountains, there's something for everyone.

**Nov 27**           **BYO Slides**  
**Warren Wheeler**

"I've been there! Oh, yes, I've done that too!" "Isn't that the southern face of Mt Bigmama?" Tonight is a chance for YOU to bring along some slides of your weekend exploits and show them to the rest of us. Variety is the spice of life, and tonight promises to be varied and interesting. Bring your tastiest pics along and feed them to our pet projector.

E-mail articles to [doug.strachan@xtra.co.nz](mailto:doug.strachan@xtra.co.nz)  
or post to 1 Worsfold Lane, Palm. North  
(by 20<sup>th</sup> of month)

## TRIPS

*Please contact the leader at least three days in advance. Trips leave from Foodtown carpark. A reasonably proficient trumper can be expected to do the trips in the following times:*

*Easy (E): 3-4 hrs                      Technical skills reqd (T)*

*Medium (M): 5-6 hrs                Instructional (I)*

*Fit (F): about 8 hrs*

*Fitness Essential (FE): >8 hrs*

**Oct 27**            **Stanfield Hut (See Oct. newsletter)**

**Nov 1-2**           **Mangahao Flats**                      **M**  
**Warren Wheeler**                      **356 1998**

Start at the top dam in behind Shannon. It's about a 6hr tramp to Mangahao Flats Hut, walking up the valley. No rush. Nothing too steep, but might be muddy. 8am start.

**Nov 2**            **Rock Climbing Titahi Bay**            **I**  
**Terry Crippen**                      **356 3588**

Now that you have had an intro at City Rock, here is your chance to develop your skills on some proper rock (greywacke - what the southern alps are made of) at the coast behind Porirua. The climbing ranges from very easy to as-hard-as-you-like. Equipment will be supplied if you don't have it. Should be an enjoyable day. Depart 8am to the Titahi Bay coastal crags.

**NOTE:** there are quite a few changes to November trips from those originally listed on the Events Calendar.

For lots more photos & trips, check out  
[www.pntmc.org.nz](http://www.pntmc.org.nz)

## TRIPS contd

**Nov 8,am Navigation 1 I**  
**Terry Crippen 356 3588**

A couple of hours of basic instruction on how to use a compass; estimating distances and times; basic components of navigation. Compasses supplied, but bring suitable footwear and a pencil. Meet at the Ashhurst Domain at 10am. After lunch we can meet up with the others and do the Beehive Creek walk.

**Nov 8,pm Beehive Creek E**  
**Terry Crippen 356 3588**

An easy afternoon walk, along a small stream and up and over farmland, with some good views, in the Pohangina valley. Meet Terry and the others after lunch at Ashhurst domain 1pm.

**Nov 9 Navigation 2 M, I**  
**Terry Crippen 356-3588**

Depart 8am. A full day of instruction and practice of bush navigation in a pleasant area of the NE Tararuas. Follows on from Saturday morning. Everybody can benefit from the outing, novice and experienced trampers alike, getting to grips with bearings, time, distance, contours and landforms. Map and compass supplied.

**Nov 15-16 Mangatipopo rock climb M,T**  
**Peter McGregor 021 256 9001**

"Rock-climbing, Mangatepopo. A chance to enjoy excellent *real* rock-climbing in a great environment. All climbs will be natural pro - no bolts to clip. This is not a beginner's trip. You need to be a competent belayer and moderately confident on real rock. The sense of exposure (height, or "airiness" - some might say the latter is prefixed with an "h") is far greater than at places like Titahi Bay. Rock shoes essential. Leave Saturday about 7:30 a.m. Contact Pete McGregor, [mcgregorp@LandcareResearch.co.nz](mailto:mcgregorp@LandcareResearch.co.nz) or 021 256 9001."

**Nov 16 Takapari – Centre Creek M**  
**Richard Lockett 323 0948**

8am start. In via Takapari Rd, then down to Centre Ck Biv. We'll come out either down the track or via the Pohangina stream. Round the day off with coffee and cake at the Waterford.

**Nov 22-23 Arete Biv F**  
**Lance Gray 356 6454**

Arete Biv is in the heart of the Tararuas and a special area to visit. I am considering a Friday lunchtime start if I can find any takers. There are a number of options for this fit trip, contact me to discuss an approach.

**Nov 23 Honeycomb Rock E**  
**Fiona Donald 356 1095**

3 people minimum are required for this trip to go. The walk is on a private coastal farm so there are no toilets available; no dogs nor rifles are allowed here. There is no shelter so bring some sunscreen/raincoat. Depart 7am sharp from Foodtown carpark. The Rock is located on the Eastern Wairarapa coast, about 70 km east of Masterton. A gentle walk along the coast while observing the local flora, fauna and geological features.

**Nov 29-30 Sunrise Hut E**  
**Warren Wheeler 356 1998**

Depart 8.00am. Sunrise Hut faces east from the Ruahine bushline looking out over Ongaonga and southern Hawkes Bay. The hut has gas cookers/heating and was upgraded last year. It is still quite cosy and sleeps about 10. We should be at the hut for lunch, so plenty of time to explore the views a bit higher up and to the west, as well as relaxing with a good book. We will return via the north Waipawa Stream including a descent of some of the best scree around. This is a beautiful spot to enjoy plenty of spring alpine flowers. BYO lunches and breakfast, dinner is a joint effort. Xmas ideas? we will stop at Norsewear Kinitwear Factory on the way home :-)

**Nov 30am Manawatu Gorge Track E**  
**Andrew Lynch 325 8779**

If you haven't done it, you should have. If you have done it, you should do it again. If you should have, or should do it again, come with me on the 30th November. Easy peasy, rain or shine, love to see you there. Leaving Foodtown at 9am.

**Nov 30pm River Safety I**  
**Noel Bigwood**

Noel Bigwood et al. of the NZ Mountain Safety Council offer liquid refreshment in the form of river safety instruction. Meet at the Ashhurst Domain public shelter (which is at the end of the road) at 12:30pm. Bring your boots, and a pack filled with the equivalent of a weekend tramping load. Use a plastic bag pack liner, and bring plenty of clothing that will keep you warm when wet. Come along and get baptised. Any questions, call Terry C.

**Dec 6-7 Pourangaki F**  
**Jean Garman 354 3536**

Going to Kelly Night's Hut Fri night. On Saturday we'll head up onto Whanauia Range, and over to Te Hekenga, dropping into the headwaters of the Pourangaki to camp. We'll come out down the river on Sunday. A western Ruahines tramp (Ongaonga map U22). Note: this trip is dependent on suitable weather.

**Dec 7                      Kaiparoro                      E**  
**Liz Flint                      356 7654**

Wander up through the bush to a small open area atop this 800m high peak. Kaiparoro is in the NE Tararuas, just west of Mt Bruce.

Trip participants:

Contact the leader at least 3 days in advance. Trips leave from Foodtown carpark. A charge for transport will be collected on the day. Leaders should be able to give an estimate in advance. For general info, or any suggestions for future trips, please contact Terry Crippen (356-3588), Janet Wilson (329-4722) or Andrew Lynch (325-8779).

Trip leaders:

Please advise a trip coordinator, as soon as possible, if you will be unable to run your trip as scheduled. This is so that alternatives can be arranged, put in the newsletter, or passed on at club night.

\*\*\* OVERDUE TRIPS \*\*\*

Enquiries to: Mick Leyland (358 3183), Terry Crippen (356 3588), or Janet Wilson (329 4722)

“There’s an old saying in S and R, searches happen at night, up hills, in the rain, where 4 corners of a map meet. ”

Snr Sergeant Bill Nicholson  
 (Manawatu Standard. Sat. Oct 4, 2003)

**Portal to the Past**

An extract from **newsletter Vol. II, No. 4, 1967**: “Waterproofing Woolen Clothing: Dissolve 2ozs anhydrous lanoline in 1 gallon of white spirits. Dip the garment in the basin of liquid and hang overnight. Do not leave near naked bulb. ”

**A Few Words from the Editor**

**Hold the Phone!**

On Oct 20, I saw on the news how a climber stuck on a steep mountain-side managed to cling on with one hand, and dial 111 with his other hand. I’m starting to warm to the idea of buying a cell phone, just for back-up. On TV, I saw another case of someone using a cell phone to call a helicopter during a mountain emergency. Interestingly, the phone’s battery went flat; thankfully, that was after the important call went out. But have there been cases where technology has failed? Well, I just stumbled across a case on the webpage usaweekend.com

“My friends... recently set out on a day hike... As experienced hikers, they set out with a cell phone and one of those new watches with the Global Positioning System and a built-in digital compass. They set a good pace on a 13-mile trail, but nightfall found them far from the end. Soon it was pitch black, yet they remained about a mile from their car. At this worst possible moment, their technology failed. The dense canopy of redwoods, which obscured the moon and stars, also blocked the GPS satellites. Even worse, a bug in the watch caused the compass to malfunction. And deep in the woods, their phone was out of range, so they couldn’t call for help...Peter tried using the glow from his cell phone as a flashlight, but the wan blue light provided scant illumination. Eventually, they huddled together and made plans to spend a cold, uncomfortable, scary night in the woods... ”

So there you go, it’s vital to have basic low-tech survival items and knowledge. By all means take fancy high-tech gear, but make sure you pack a map, compass, torch, and fire starter too.

**Knot So Easy**

Something for all you rope users:

Go and get a piece of string. Hold one end between the thumb and finger of your left hand, and the other between the thumb and finger of your right hand. Now tie a simple thumb knot in the piece of string. You are not allowed to let go of the ends or pass the string from one finger to another. This is possible because I eventually succeeded.

**Elastic Cabbage Leaves**

Have you ever discovered that the leaves of the mountain cabbage tree are quite elastic?!

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## NOTICES

### Inter-club photo competition results, Trip Leaders Required, Library Maps

**NEWSLETTER ARTICLES** can be e-mailed to [doug.strachan@xtra.co.nz](mailto:doug.strachan@xtra.co.nz) or delivered to 1 Worsfold Lane, PN

#### INTER-CLUB PHOTO COMPETITION RESULTS

Our judge, Graham Brown, expertly chose 3 winning shots for each category, and then a show of hands was used to decide the winning image. Graham also gave us insights into what gives a picture a bit more of the "wow factor," such as people being more interesting to look at when the camera catches them in action, rather than just standing.

Terry did well in the slides, which must have surprised him as he fell off his chair with a thud (A leg broke, but it was the chair's, not Terry's).

Prizes were provided by Liquor King, E-PICS, Bell's Photography, and Foto First. We thank them for their camEra-derie.

#### First Place Getters (slides)

NZ Topical : Sex in the snow: Tony Gates (PNTMC)

Nat. History: Pine (!) Trees: Terry Crippen (PNTMC)

NZ Alpine: Dundas Rdg: Howard Nicholson (MTSC)

NZ Scenic: Taranaki Stream: Brent Barrett (MTSC)

Overseas People: Mongols: Terry Crippen (PNTMC)

Overseas Scenic: Trees: Brent Barrett (MTSC)

Overall Winner: Pines Trees: Terry Crippen (PNTMC)

#### Place Getters (Prints)

##### Natural History

1st – Gaiters & ice: Warren Wheeler (PNTMC)

2nd – Peter's Stream, Adam Matich (MTSC)

3rd - Seagull in flight: Betina Greaves (MUAC)

##### NZ Alpine

1st - Te Heu Heu: Peter Rawlins (MTSC)

2nd - Emerald Lake: Warren Wheeler (PNTMC)

3rd - Untitled: Janice Foxely (MUAC)

##### NZ Scenic

1st - Sunrise Hut: Warren Wheeler (PNTMC)

2nd – Blue Lake: Peter Rawlins (MTSC)

3rd - Foot bridge: Doug McNeur (MTSC)

##### Overseas

1st - Geelong pier: Peter Rawlins (MTSC)

2nd - Pier: Rebecca Clarke (MUAC)

3rd - Dolomites: Terry Crippen (PNTMC)

##### Topical

1st - Three Tarn Pass: Neville Gray (MTSC)

2nd - Reflection in tarn: Bev Akers (MTSC)

2nd - Showing some leg: S. Mazey (MUAC)

3rd – Social Climbers: Wuko Watanabe (PNTMC)

##### Overall winning print

Geelong Pier: Peter Rawlins (MTSC)

#### **2,004 TRIP LEADERS REQUIRED**

Please contact a trip coordinator with details of the trip you would like to lead next year (Jan to end of June). Get in early so Janet doesn't have to get heavy with you.

#### **LIBRARY HAS MAPS**

The public library has a complete set of NZ topo maps. Try the NZ section, 2<sup>nd</sup> floor. The reference set is up to date. The other set of older maps can be borrowed.

#### **WEDNESDAY TRAMPING GROUP**

We go out every second Wednesday on easy tramps. Come and join us. For more information, please phone Judy 357 0192, Jennifer, 323 3914, or June 355 2690.

#### **THURSDAY TRAMPERS**

We go for a tramp every Thursday. If you wish to join us, contact Merv Matthews 357 2858, or Liz Flint 356 7654.

## TRIP REPORTS

### Sarex, Kawekas, Waiopahu Hut, Top Gorge, Rangi Hut Loop, Silly Stuff

#### Helicopter Winching and Stretcher Carry, September 14 By Jenny McCarthy

Dan Tuohy, Richard Lockett, Nigel Green, Jenny McCarthy.

Sounds like fun, I had never been winched from a helicopter. Sunday morning dawned Grey, Wet and Windy, not a good omen. Everyone was ready, all we needed was the helicopter. We could hear it getting closer but then it started to fade; they were unable to get to us. After we had had some practice at the skill of waiting patiently, we were told the helicopter was not going to be coming.

A new plan was called for, so the stretcher came out. We first practiced putting people in and lifting the stretcher and putting it back down without up setting our victim too much. Now it was time to take the first victim for a walk. We decided that we could not get them across the wire bridge, so it was time for us to get our feet wet. Once across the river and into the bush, we began to appreciate how much more difficult a few bushes and trees can make carrying the stretcher. Now it was time to go up the steep little bank. That required a lot of muscle power; keeping the stretcher level was also a bit of a problem. We tried a different way, passing the stretcher up and down the line of people. It was a lot easier to keep the stretcher level, and shared the load around the whole group. We had a really fun time but the lesson of the day was to avoid a stretcher carry if you can, its hard work.

#### Low Angle Rope Work

Jenny McCarthy Lance Gray Jean Garman Ivan Reinks

The instructors had ordered a good sunny day for the rope work course and we got it. We started off with the essential basics: tying knots (Tape knot, Figure eights, Italian Hitches and Prussic knots), putting on harnesses and making them from tape. Then it was time to put all this together and create the system for assisting a person or stretcher up or down a steep bank.

After lunch in the sun, it was a short walk up the hill to find a suitable place to try it all out. Using trees for anchors, we took turns in setting up the system and using it to lower a person. Then a big get together of all the groups, and we used the system on a stretcher.



In a Bind



Fatigued

#### Kaweka- Mackintosh Huts, 21 Sept. By Tony Gates and Trevor King.

We were: Barbara Mare, Trevor King, Anna Zinker, Vanessa Brown, and Tony Gates.

Kaweka Hut had been destroyed by fire. Sad really, an historic Tramping Club hut in a pleasant forested basin far from neither the road end nor the high Kaweka tops. It was a bit grotty, but rich in memories dating back to the mid 1930's. It was destroyed by an over full open fire, piled high with dry firewood, then the hut occupants went to sleep. They awoke to a smoke filled hut, and vacated the premises rapidly with some of their

possessions. Their dog wasn't so lucky, and he perished in the flames. Concrete, tin, and ash were all that remained.

The area around Kaweka Hut is well known to many PNTMC members. It is where the Kaweka Challenge is held each summer. We followed some of the footprints of Leyland, Wilson, Pritchard, and company, not quite at their pace, but an enjoyable pace nevertheless. For our day tramp, we ambled in from the Lakes carpark to the Tutaekuri River, and up to the Kaweka Hut site, where we met several Heretaunga Tramping Club people tidying up the mess. The hut had been well built, with a huge number of nails into the tin. The remains didn't last long, and soon, fertiliser sacks of junk and piles of tin were carted the short distance to the heli pad to await the DOC chopper.

After a fairly early lunch, we tramped back down the way we had come for a little bit, then followed the good track around to McIntosh Hut. We all sweated on the uphill, raced on the gentle downhill, and enjoyed the variable scenery and botany. The fairly new MacIntosh hut is set in a low-scrub & tussock clearing. It was here, shortly after arrival, that that we had the privilege of meeting the Kaweka Man! This (actually real) being emerged mysteriously, like Tom Bombadil from Lord of the Rings, shortly after we arrived. He was clad only in shorts, and a natural woollen singlet, and could have been mistaken for a shepherd looking for his lost flock, which of course, is what he found, although he (and we) didn't realise it at the time! Tony regaled us with stories of Randall's exploits, which the Kaweka man (alias Randall Goldfinch, or the Ed Hillary of the Kawekas) humbly consented to laugh about and took in his great stride. So, after further refreshment, we journeyed forth, in the direction of south, across barren sodden marshes and low scrub & trees. The Kaweka man, being the good shepherd that he was, brought up the rear. After setting the early pace Tony fell in behind, and Barbara took the lead, setting a blistering pace, to the awe of those behind, down into the gorge. All halted at the Walkwire that crosses *the picturesque Tutaekuri river, the Maori interpretation of which is best stepped over!* Vanessa was strenuously considering the possibility of other options, but bravely took to the three wires, showing the way for the rest of us. From the far bank there was a steep and fairly tall gradient to climb up the far side of the gorge. It began to rain, the younger one's surged ahead, and Tony raced ahead in an attempt to provide a taxi at the rank on time! Alas, all to no avail, because Barbara and



**Photo: Randall Goldfinch and Tony Gates at MacIntosh Hut. (Photographer: Trevor King).**

Trevor firmly believed that they could flag the taxi while on the road (Castle Rock Road No. 22, I believe). Only problem was, no taxi turned up, and they walked for about an hour in the rain, enjoying the country road and the Pinus landscape, until a bearded doctor, vision-like, emerged through the driving rain. He was Peter Berry, of the HTC, another man of the Kawekas, who had once won a beard growing competition, and gleefully displayed to us what the judges looked for, and how the beards were judged- a serious business that some may wish to study- warning Terry, you have to start with a clean shaven chin. Anyway, Peter led them shortly to a locked gate, and ended their sojourn rather uncomfortably in the cramped confines of a Heretaunga Tramping Club van. Shortly thereafter, returned to Tony's, noticeably warmer, car, the whole party, rather late it must be said, were homeward bound! All will agree, it was quite an adventure. The entire round trip took us 14 hours, which included 6 hours on the road.

## Waiopahu/Ohau, September 28

### By Duncan Hedderley

We were Warren (leader pro-tem), Elaine, Wara, Rohan and Duncan.

The old Waiopahu hut, in the hills behind Levin, was built by the Levin and Waiopahu Tramping Club. It was fairly basic, but you could get some good views of the coast down to Kapiti from the grass outside. As a day tramp it involved about 6-7 hours walking.

Last year the old hut was replaced, the new hut being about half an hour beyond the site of the old, so it is now quite a substantial day trip. I'd like to tell you more about the new hut, but despite an enthusiastic team, none of whom dropped out on hearing the forecast of gales, rain and snow to 800 metres, we did not actually make it to the hut.

The day started with cloud, passing showers, occasional thunder and a steady climb up onto a ridge. After about an hour we reached the turn-off to Ohau Shelter, and *Elaine calculated that at this rate we would be coming out just after it got dark. Warren suggested we didn't need another 8 hours walking to convince ourselves that our jackets were not completely waterproof*, and maybe we could head down to the Ohau and loop back out along the riverside track. So we did, slipping and sliding off the ridge, stopping to shake hands with the Ohau, and getting some experience of how difficult it can be to follow a ridge down. We got back to the cars about 1pm, and those who had a change of clothes were glad of it.

We stopped at Owlcatraz on the way back, thinking they might have coffee shop. They don't, but do have a selection of Street's icecream and soft drinks.

## Top Gorge, October 5

### By Nigel Gregory

There were 5 hardy souls keen to brave a cold windy and what was to be snowy day trip to Top Gorge hut. We were, Elaine Herve, Craig Allerby, Wara Teeranititankul, Simon Richardson and Nigel Gregory (leader).

We met up at the Foodtown car park at 7:30am on the first day of daylight savings, and after brief introductions headed off for Moorcock Saddle at the Kashmir road end.

Driving in from Highway 50 there was a lot of snow to be seen quite low down on the Ruahine Range.

As we got our tramping stuff on, there was some discussion as to how much colder it was here. On with the longjohns!!

Our plan was to tramp up to Longview hut, stop for a snack, and then head off down behind the hut into the Pohongina river (stream!!) and on down to Top Gorge hut for lunch, and then return the same way.

The tramp up to Longview was uneventful with a cold southerly blowing and about 5-10 cm of wet snow on the ground.

We regrouped at the hut where the trip leader asked if everyone was still keen to head off into the river and down to Top Gorge, as the weather was really quite dismal. After a look of disbelief from Craig, there was an enthusiastic chorus of "of course" and so off we headed. Keen trampers we are!!

It was snowing quite heavily as we descended into the river, really just a small stream at this point. There are up to 3 waterfalls to negotiate on the way to Top Gorge, depending on where you enter the stream. We got into the stream pretty far up stream and so had to clamber down them all in the snow. The largest of them is quite tricky and with snow on the rocks it was a bit of a worry as we all carefully traversed the rock around the waterfall. Once down at the bottom the view is very picturesque, with little waterfalls coming down both sides of the gorge, icicles hanging off the ferns and a beautiful blanket of snow on the rocks underfoot.

DOC have the time from Longview to Top Gorge down as being 1 ½ hrs, we used all of this and some. We had left the cars at 9:30am and arrived at Top Gorge at 1:30pm with a break of about 20mins at Longview.

Wara was telling us that this was probably the best??? trip he had been on!! He had never been out while it was snowing. On the way up he kept asking if the ice pellets that were falling was snow, Nigel told him that no, not really, it was just "ice pellets". Finally it started to snow properly, big clumped together wet snowflakes, but snow

nonetheless and Wara was truly a "happy trumper"!

At the hut a white spirits cooker was produced and a big billy of water put on for a cuppa, much to the appreciation of 5 cold and wet trampers. Unfortunately the cooker bringer had not thought to supply cups for all and so we all took turns having a hot brew.

After lunch we headed back the way we had come, the snow started to taper off after around ½ hr and we even got treated to a couple of sunny breaks.

We decide to try to climb up out of the river after the first large waterfall but before the last couple. The route looked ok from the streambed but turned out to be a bit of a mistake. Quite steep and snow covered, but we made it eventually and had an uneventful tramp back to the cars, with some nice views on the way down.

Everyone had a good time despite the weather, once again proving that a good tramp can be had in so-called "bad" weather. The snow made the trip particularly interesting and added a lot to our longish (8hr) day.

The Pohongina River between Longview hut and Top Gorge is a very pretty place and is recommended as a good spot to visit. The river is not deep, even in wet weather, and is sheltered once you get beyond Longview.

## **Rangi Hut Loop, October 12** **By Elaine Hervé**

Warren Wheeler, Terry Crippen, Craig Allerby, Lance Gray, Anja Scholz, Neil Campbell, Elaine Hervé, Wara Teeranititamkul.

It was decided on the previous club night to run this trip to check out why Doc had closed the track again. Our trip leaders advised us to come prepared for bush-bashing, and 6 club members took up the challenge. The weather was as forecast – warm and wet, clearing a little in the afternoon.

At the Rangi carpark, we met a couple who had turned back because of the slip. Keeping to the main track, we quickly came across a small new slip, but a rough new track had been made above this. The main slip is still easily negotiated.

After admiring the view from the bridge, Warren announced that we were going down to the stream to look at a waterfall that can't be seen (?!), and

something about walking up the stream to the old track. He was talked out of the latter, but we did check out the stream.

We arrived at the hut at 11:30 for an early lunch. A couple of people commented on *the difficulty of putting toilet paper down the toilet because of a strong updraft.*

We descended via the old bulldozer track, that is very overgrown and was lost a few times. But thanks to a coordination of Warren's good instinct for finding tracks, and Terry's preference to map and compass, we found our way down to the farmland. In this area we found a lot of evidence of deer, including a sighting of 3 presumed wild deer.

Back in the bush, we scrambled down to the stream. The biggest physical challenge of the day was climbing up the other side to rejoin the main Rangi track.

The trip finished with a very relaxing visit to the Kimbolton General Store where coffee, beer, food and conversation was enjoyed by all.

### **How to Build a Campfire**

1. Split dead limb into fragments and shave one fragment into slivers.
2. Bandage left thumb.
3. Chop other fragments into smaller fragments.
4. Bandage left foot.
5. Make structure from slivers (include those embedded in hand)
6. Light Match
7. Light Match
8. Repeat "I am a happy trumper" and light match.
9. Apply match to slivers, add wood fragments, and blow gently into base of fire.
10. Apply burn ointment to nose.
11. When fire is burning, collect more wood.
12. Upon discovering that fire has gone out while out searching for more wood, soak wood from container labeled "kerosene."
13. Treat face and arms for second-degree burns.
14. Relabel container to read "white spirits."
15. When fire is burning well, add all remaining firewood.
16. When thunder storm has passed, repeat steps.

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## **Survival**

source: [www.funny.co.uk](http://www.funny.co.uk)

Due to some unforeseen reason, you may, at some point in your life-span, find yourself in a situation in which survival in harsh conditions is not possible without the necessary equipment from the box marked "Necessary Equipment For Survival In Harsh Conditions", (or as experts phrase it - "Having a paddle up your creek"). Well, fear not little civilians, for help is at hand NOW from our very own guide to surviving in not very nice places.

### **The Desert**

Through a freak accident, like a plane crash, nuclear holocaust or turning left at the wrong set of traffic lights in Swansea town centre, you may find yourself lost, alone, in the desert. Your immediate concern will be the problems of lack of water and death by thirst. This is why you should always carry a packet of powdered water developed by German inventor, Dr. Jurgen Clinberghoffen Franz Schnell Frugelwitz. Simply put a teaspoon of the powder into the glass and add 50 gallons of milk, to be left with a glass of crystal clear, cool, pure, water. It is vitally important to ensure you are carrying 50 gallons of milk (or 120 cows and several buckets) with you in the event of a plane crash. The best course of action is to check the plane for any obvious defects before takeoff, and if you are pretty sure that it will be crashing in a desert, fill up several paper bags with milk.

If, after take-off, you are still unsure that the plane may crash, you must take steps to avoid wasting over a hundred million pounds worth of milk, by helping the plane to crash. Mug the air stewardess using a cheesewire garrotte, or the supplied dental floss, and steal her uniform. Put on the uniform, apply generous amounts of lipstick, and slip, unnoticed, into the cockpit of the plane. Keep quiet, to avoid waking the people flying the plane, switch on the navigation computer and type the following "Security Clearance: Alpha#1-TT3, Course: B3-F4minor Quadrant, Code initiation B" before pressing up up left right down C C A B up on the "QuickshotTM" control pad.

You will thus be presented with a screen saying "Not ready reading left wing, would you like the plane to crash into a desert? Y / N / Abort / Retry / Eject...". Type in "Yes", or even just the letter "Y" (to cut your typing time by 66%!)

You are now ready for your untimely descent into the desert. Ensure all cows have their seatbelts on, are aware of the crash procedures, and have

had adequate time to purchase duty-free.

### **Mountains**

Surviving in the mountains is very different to surviving in the desert, primarily because there are a lot more mountains and a lot less desert. The most common danger is finding yourself hanging from a 1" ledge by your fingernails, halfway down a rather high vertical rock face. We know this is true as we watch a lot of American action/adventureTV series. There are two ways to get yourself out of such a predicament. The first is to climb up the vertical rock face and tie a rope at the top so you can pull yourself up. This does however have one very obvious drawback exposing the plan as a very silly one; What if you don't have a rope?! Such a drawback could mean resorting to the second method. This entails hanging on to a 1" ledge by your fingernails until the cast of Baywatch come along and rescue you.

Your second problem is that of food. Provided you are careful, you should have no trouble acquiring food, as the mountains are swarming with mountain sheep. To get a meal out of a sheep you must set up an overhead pulley mechanism consisting of a lasso attached to a bent over tree and a large net positioned about 100 metres away. When the sheep steps into the lasso it will constrict around the sheep's leg. The bent over tree will be released, and the sheep will be flung 100 metres into the waiting net where it should become enveloped and trapped. When the sheep is secured walk up to it, say hello, and politely request directions to the nearest McDonald's.

### **The Arctic**

If you happen to find yourself in the Arctic, then your main priority must be to build yourself some sort of shelter. It is a good idea to build an igloo, for it is common knowledge that a house, built of ice, on top of snow, in an air temperature of -40 degrees, will keep you very warm. To build an igloo you will need planning permission and a large quantity of ice blocks, which you must purchase, with local currency, from the natives. The best way to raise funds is to set up a small business selling snowballs to the Eskimos. After several years you will have become the proud owner of a multi-national snowball distribution company and will have sufficient funds to purchase the required number of ice blocks for your igloo. When your igloo is complete, sit in it and eat fish.

