



PALMERSTON NORTH TRAMPING AND MOUNTAINEERING CLUB INC.

P.O. BOX 1217
PALMERSTON NORTH
NEWSLETTER

11/81

Secretary	Catherine Farquhar	64-118
Membership Enquiries:	Kathy Crow	86-569
Gear Custodian:	Kevin Pearce	70-217
Newsletter Editor:	Kevin Pearce	70-217

ENQUIRES CONCERNING OVERDUE TRIPS

(N.B. work numbers are for emergency use only)

Kevin Pearce	home	70-217	work	74-129
Heather Crabb		77-668		77-668
Don French		73-543		80-449

COMING EVENTS

ALL TRIPS LEAVE SUPERSAVE CARPARK, FERGUSON STREET. IF YOU WISH TO GO ON A TRIP, YOU MUST ADVISE THE LEADER AT LEAST THREE DAYS IN ADVANCE.

26th November, Club Night – HUGH LOGAN

We have invited noted mountaineer Hugh Logan from Wellington to speak on some of his climbing activities. Hugh has been very active in the Mount Cook region over recent years and is at present writing a climbing guide.

At the Society of Friends Meeting Rooms, 227 College Street at 7.45 p.m. Thursday.

SUPPER DUTIES: Mike Freeman, Richard Gapes and Rachel Gawith.

28th - 29th November, OTURERE HUT – RED CRATER

Situated on the Desert Road side of Tongariro National Park, the landscape makes a more likely name to be Tongariro Luna Park. Come along and find out why.

Leader: Peter Wiles, ph 86894.
Grading: Medium
Cost: \$9.50
Depart: 6.00 a.m. Saturday.

29th November, CYCLE TRIP

We'll be heading to the Balance Reserve via various routes, so, turn up at Super Save and let's have a fun time. Bring picnic lunch.

Departs: 11 a.m. Sunday. Enquiries to Peter Darragh, 35633.

3rd December, COMMITTEE MEETING

At Leonie Coenders, 147 Cook Street at 7.45p.m., Thursday.

5th - 6th December – GRANDE DINNER AT RANGI

Wander up to Rangī Hut at various times of Saturday and Sunday. Gorge yourself at the shack and weave your way down again. This is "the annual event" of the year. So bring your empty plates and song books and we'll all have some good fun and good food to boot.

Contact: Don French, ph 73543
 Grading: Stomach Essential
 Cost: \$7 (very approx. includes food)
 Departs: Last vehicle will leave P.N. 7a.m. Sunday.

P.S. Don would like to know anyone who is willing to act as Chefs and Sherpas.

10th December, CLUB NIGHT

The Club has been very fortunate in obtaining Dr. Dick Price to speak to us on the recent N.Z. Alpine Club Expedition Molamenquing. This peak is 7,703 m high and was the third highest unclimbed mountain in the world, located in Tibet, just north of Nepal's Langtang Himal.

Dick Price is a Palmy lad, who obtained his medical degree at Otago Med. School and has been in the U.K. for the past couple of years.

At the Society of Friend's Meeting Rooms, 227 College Street at 7.45p.m. Thursday.

12th - 13th December, WAIOPEHU

Waiopehu Hut was rebuilt recently so this trip maybe used to visit what a simple mountain hut can be like.'

Leader: Philip Budding, ph 85936
 Grading: Easy and Medium
 Cost: \$3
 Depart: 7 a.m. Saturday

An easy trip may be organised for Sunday, so please contact Philip if interested.

14th December, CLUB DINNER

When: Monday, December 14th
 Where: Southern Cross Restaurant & Caberet.
 Cost: \$13.90 plus drinks
 Time: 7 p.m. at above
 Other details: Dance Band and singer, smorgasbord.

Names and money to Don French, ph 73543.

17th December, BARBECUE

A pre Christmas Barbecue at Kevin Pearce's, 7 Tern Place (off Galway Ave., off Pahiatua Street). Bring your own food etc. Commences 6 p.m. Thursday.

19th - 20th December, KELLY KNIGHTS – POURANGAKI HUT

This valley is situated north of Rangī and has plenty of opportunities for swims and other summer type activities. So prepare your body for Xmas by tramping this weekend.

Leader: Philip Beech, ph 69412
 Grading: Medium
 Cost: \$4.50
 Departing: 6 a.m. Saturday.

P.S. A day trip will also be organised, so don't miss the opportunity for a day in the sun (???)

NOTICES

1. **New member:** Craig Halford, 12 Margaret Street, Palmerston North
2. **Unscheduled Trips:** It often happens that people find themselves at a loose end as the weekend approaches and wish to go on a last minute tramp. If this should happen to you, contact either Terry

Crippen, ph 63588 or Vaughan and Kathy Crow ph 86569 and they will put you in touch with any other like minded people. Unscheduled trips run quite often.

3. **WANTED:** - one GOOD LOOKING FEMALE. – Required to flat with Tim Short and Debbie Hunt. The successful lady would need to rate at least 5 on the 1- 10 scale. So if you're in the **HUNT** for a flat and are **SHORT** on sense, phone Debbie 75038 for a Screen Test.
4. **Christmas Gear:** Persons wanting to hire equipment for the Christmas – New Year period should contact the Gear Custodian early. No gear will be available after 23rd December.
5. **Seasonal Greetings** are extended to all members and friends. May your climbing and tramping be safe and enjoyable.

PAST EVENTS

4th - 6th September, BASIC SNOWCRAFT

This was the first of a series of weekends devoted more to the mountaineering aspects rather than the tramping side of the Club activities. We stayed at MUAC Hut on the Turoa side of Mt Ruapehu. Although the weather was foul, we got through all the basic techniques.

Wandering up the basin from Massey Hut we must have been an odd sight to the warm skiers driving around the loop road in their cars as we emerged out of the white wilderness, cold and wet. We made use of the skiing facilities for lunch time shelter before climbing an iced up slope in the middle of the ski field – more entertainment for the skiers.

Saturday night produced a very heavy snow fall so that Sunday gave us very deep snow giving us some awareness of avalanche danger. The build up of snow was mainly on the lee-slopes, windward slopes were still ice.

Getting the cars dug out of this drifted snow was a long job on Sunday and we were very grateful of the help given to us by the National Park ranger with his 4 Wheel drive vehicle.

The peoples instructing, learning and hanging on, were: Don French, Daryl Rowan, Terry Crippen, Phillip Beech, Phillip Budding, Mike Manders, Linda Keal, Sally Hewson, Julie Cade, Nigel Seebeck, Jenny Merton, Roddy Henderson, Catherine Farquhar, Patricia Lucas.

18th - 20th September, CLIMBING WEEKEND

Most weekends this winter have proved to totally consist of bad weather. This did not prove to be the case this weekend. Seventeen enthusiast people arrived at Massey Hut. A dawn start was had by most. It was fine!! Above the top of the ski field the group entered into a wind cap that was covering the top 500 m of the mountain. Quite a strong wind was met when the group gained the "Kune" Ridge just near the summit, then a short battle to the summit before dropping down to less windy levels.

Some other members were content with climbing on the lower slopes of the mountain, brushing up on their techniques learnt the week before on our snowcraft course.

The other members of our group spent the day advancing on their ski touring techniques. Those that used the lifts found that it was almost taking 1½ hours to travel the full length from the base to the top of the "T Bar" while on skins, it was being done in similar times. Cueing up to 35 minutes could be experienced on the lifts.

Sunday things were back to normal on Ruapehu with high winds and rain so the Hut was tidied and the group headed home early.

LUNCHES

(Quantities are per person per meal.)
 Tramping biscuits (see recipes below)
 Butter
 Cheese or salami
 Jam, honey or peanut butter

5 oz.
 1 oz.
 1 oz.
 1 oz.

Total weight 8 oz.

Yeast extract can also be carried for extra variety (1 - 2 oz. per week.)

Butter, jam, honey, peanut butter, yeast extract etc. are best packed in screw top aluminium or plastic containers, or the sort obtainable from chemist shops. More than one day's ration of a particular commodity may be carried in a single container and the appropriate fraction eaten each day.

TARARUA BISCUITS I

(Makes about 30 biscuits, enough for 6 days.)

Coarse "Creamoata" or oatmeal	14 oz.
White flour	8 oz.
Butter	6 oz.
Sugar	5 oz.
Salt	$\frac{1}{3}$ teaspoon
Malt extract or golden syrup	1 tablespoon

Melt the butter with the syrup and rub into the flour, oatmeal, sugar and salt. Add water, a little at a time, sufficient to make a softish dough. Rollout and shape into biscuits. Bake in a moderate oven 20 - 30 minutes until pale brown.

To aid the rationing, biscuits should be made an even size. 1 oz. biscuits are very convenient. The biscuits should be shaped to allow easy compact packaging. Correct baking will give a biscuit which is not too hard to bite, yet not too soft and easily reduced to crumbs.

Some people like to include nuts, raisins etc. in their biscuit recipes

TARARUA BISCUITS II (Recommended)

(Makes about 30 biscuits.)

Fine ground wholemeal flour	1 lb
Butter	$\frac{1}{2}$ lb
Honey	$\frac{1}{2}$ lb

Melt butter and honey together and mix in flour to give a pastry. Bake slowly $\frac{1}{2}$ hour until pale brown.

SCROGGIN AND COLD DRINKS.

(Quantities are per person per day.)

Chocolate, sweets	1 oz.
Scroggin (mixture or nuts, raisins, dates, dried apricots etc. according to taste)	2 oz.
"Tang"	1 oz.
Total weight	4 oz.