

P.N.TRAMPING & MOUNTAINEERING CLUB INC.

Hon. Secretary
Kevin Pearce 74-129 ext.856 (Bus.)

P.O.Box 1217,
Palmerston North.

NEWSLETTER 12/70

COMING EVENTS.

26th November

CLUB NIGHT - in the new club room8, 227 Colleg'9 St.

Films: "Hazard" and "Bushcraft"

Supper Duties: Denis Moore, Robyn Paul & Lynne Potter.

3rd December

Coffee evening at the Nicoberg, 8 o'clock.

9th December

Lunch time meeting - bring your own cut lunch to the fountain area of the square. 12 midday until 2.00 p.m.

12th-13th December

The trip to PANATAWAEWAE has been postponed. Instead this trip will join the Wellington Tramping & Mountaineering Club's Bushcraft at Walls Whare (Tararua).

Meet at the Izadium 5.00 a.m. Saturday. Estimated time of return 7.30 p.m. Sunday.

Leader: Dave Ryrie. Names to Heather Crabb, Ph. 77-668

Cost approx. \$2.50.

17th December

Coffee evening at the Nicoberg, 8 o'clock.

24th December

NORTH ISLAND CHRISTMAS TRIP WITH RUSS LACEY.
Kaimanawa - Kaweka.

NOTICES

NEW MEMBERS

Brad Owen

Phone 79-169 ext. 852 (Bus.)

Dawn Ellis

" 87-789

Michael Barham

" 72-871

CHRISTMAS TRIP TO NELSON LAKES

All trippers who have not yet paid the \$5.00 installment requested in the Guff Sheet are requested to do so on or by 26th November (Club Night.) Cheques may be posted to P.O. Box 1217 P.N. The balance of the trip cost (exact amount unknown at present) will be required about mid December.

"SONGS OF THE HILLS"

A popular trampers' 100 page song book will be available from the Wellington Tramping & Mountaineering Club at a price of 40 cents. Contact Kevin Pearce if you are interested in having a copy of this new song book for Christmas.

FOR SALE

Nylon sleeping bag cover. Used only twice. \$4.00 or near offer. Contact Adrian Turner, Phone 79-586 after 5 p.m.

COOKING FOR TRAMPERS

PART IV. TARARUA BISCUITS

On longer trips such as those undertaken during Christmas holidays, weight and bulk of food must be kept to a minimum. Bread is not suitable for such trips being bulky, perishable and not particularly concentrated. World famous Tararua Biscuits are often used as a substitute for bread.

Recipe (makes 33 biscuits, enough for 6 days.)

14 oz. coarse Creamoata.

8 oz. white flour

6 oz. butter

5 oz. Sugar
1/3 teaspoon salt
1 tablespoon plain malt extract or Golden Syrup.

Melt butter and rub into flour, Creamoata, sugar and salt. Mix in warmed malt extract or golden syrup. Add water (if necessary) to make a softish dough. Roll out and shape into biscuits. Bake in a moderate oven 30-40 minutes until pale brown.

ALTERNATIVE RECIPE

1 lb. wholemeal flour.
1/2 lb butter
1/2 lb honey.

Melt butter and honey together and mix in flour to give a thick pastry. Bake slowly 1/2 - 3/4 hour until pale brown. Some people like to add nuts, raisins etc.

5 oz. of biscuits per man per day is recommended. To aid rationing, biscuits should be made of even size so that a day's ration might be say five biscuits. The biscuits should be shaped to allow easy compact packaging. Correct baking will give a biscuit, which is not too hard to eat yet not too soft and crumbly.

The biscuits can be eaten with butter, jam, cheese, other spreads etc.

WARNING

Keep biscuits out of reach of other humans or else they will be stolen.

PAST TRIPS

24th 26th October

LABOUR WEEKEND - MIDDLE WAIPAKAHI.

After a 5 a.m. start and drive to Waiouru and then on to Access Road No.10, twelve P.N.T.M.C. members started on the Club's first visit to the new Kaimanawa Forest Park via the middle Waipakahi. Leaving the cars the party climbed steeply up through bush for about 2 1/2 hours to the tussock tops above the N.W. Waipakahi river which we followed N.E. for about one hour and then dropped, down via a steep track to the river.

After setting up the tents in a bush clearing alongside the river the party spent the remainder of the afternoon relaxing in the warm water of the river or exploring the bush and river flats.

Sunday morning dawned with a clear blue sky and a frost glistening on the tents giving a promise of the good weather to follow. About 8 a.m. five members set out up the river and in about 30 minutes reached a leading spur and the track into the central Rangatikei via Thunderbolt, 5375'. One hour saw the party above the bush and heading eastwards towards the main range of the Kaimanawa mountains. On reaching the point 5,400' on the map the surrounding country lay before us in all directions, far to the West the National Park with the still snow covered Ruapehu glistening in the sun and to the North Ngaruahoe and Tongariro with not quite so much snow. Further around we could see Lakes Rotaira and Taupo, the scars of the Tongariro power project and in the far distance steam rising from the steam bores around Wairakei.

The Kaimanawa peaks Ngapuketuru, Prominent Cone, High Cone and the high peak Makarako 5,665' were soon identified. Later the party pushed on reaching the main range at lunch time, where we spent an hour in the sun and then turned westward towards our camp by the river.

The remainder of the party spent the day swimming and sunbathing near the camp.

On Monday morning after breakfast we packed up and left camp climbing up again to the tussock reaching the cars on the eastern side of the Tongariro river around lunch time after a weekend of glorious weather and a fine tramping and camping trip in the central Kaimanawas. Those enjoying the sunshine were Kevin Pearce, Heather Crabb, Dennis Moore, Richard Clarke, Tony Moss, Stephen McGill, Michael Barham, Sue Streeter, Richard Ussher, , Russ Lacey (Leader).

7th November

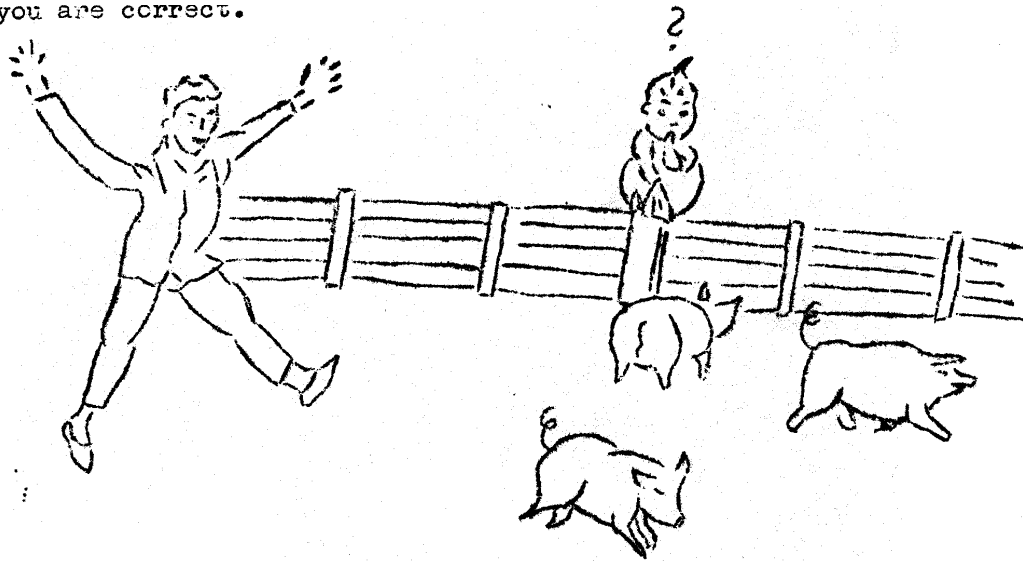
Fourteen Club members enjoyed a trip up the west branch of the Tamaki river on Saturday, 7th November. Most of the party crossed the saddle at the head of the stream and descended into Cattle Creek, a tributary of the Pohangina. Critics of the Ruahines who claim there is not a single large, healthy, fine specimen of a tree in these ranges were proved wrong. We all saw it.

Those taking part were Kevlin Pearce, Peter Baxter, Owen Robinson, Steve Andrews, Adrian Turner, Brad Owen, Heather Crabb, Mark Annabel, Cheryl Salmons, Adrienne Thompson, Jane Scrymgeour, Dave Ryrie, Sue Gallagher, Dawn Ellis.

TEST YOUR PERSPICACITY

Shortly after a discussion on the menu for the Grande Annual Dinner - should we have pork or lamb - a strange happening was witnessed - but who was the culprit and what was his evil intent? Or was he merely trying to be helpful? Consider these questions, write your answers down and give yourself three A s if you are correct.

you are correct.



OVERDUE TRAMPERS.

In the event of a trumper being overdue would parents or wives please first ring one of the following Committee members:

Lawson Pither	Phone	85-616
Russell Johnson	"	87-777
Ron Haxton	"	83-994
Ian Hoare	"	83-448
Russ Lacey	"	81-436
Lynne Potter	"	79-499
Heather Crabb	"	77-668

TRAMPERS: Please detach this portion and give to parents or wives for their reference.