



**Palmerston North Tramping  
& Mountaineering Club**

# PALMERSTON NORTH TRAMPING & MOUNTAINEERING CLUB (Inc.)

PO Box 1217 Palmerston North

[www.pntmc.org.nz](http://www.pntmc.org.nz)

## APPLICATION FOR MEMBERSHIP

Date: .....

Name: .....

Address: .....

.....

Phone (home): .....(mobile).....

Email address: .....

Year of birth (if under 18): .....

The following information is required in case of trip delays, accident or emergency:

Next of kin: ..... Relationship:.....

Phone number: .....

Address: .....

.....

Emergency Contact (or Employer): .....Phone : .....

Do you have any medical condition, which in the interests of safety, we should know about (e.g. asthma, allergies to wasp stings etc. diabetes)?

.....

Present or past membership of other tramping/mountaineering clubs: .....

### Full Year Subscription (March-February):

Full Sub (newsletter delivered)	Single \$45	Family \$50
E-sub (newsletter from website)	Single \$35	Family \$40

*Subs include \$15 for FMC membership. Part Year Subs include the full FMC sub and the club portion paid to the nearest quarter – please contact the Treasurer to confirm the amount due.*

**Subs Payment:** please either pay on-line to **03 0726 0485 393 00** or by cheque or cash to the Treasurer at a club night or mail to PNTMC, PO Box 1217, Palmerston North 4440.

**Members Details:** PNTMC maintains a database of members' names, addresses and phone numbers, together with next of kin details. This information is made available to the authorities in the event of a search & rescue enquiry.

Committee members and Trip leaders' names and phone numbers are circulated within and outside the Club via the Club's Events Card, newsletter and website.

A current list of members is distributed annually to all members including phone, email and home addresses.

**New Members Details:** Names of new members are introduced in a current newsletter at the time of joining the club. Details of new members are emailed to all current members to keep the members list up to date throughout the year.

For privacy reasons I do not want my name, phone number, address, and email being shared in this way.  
(Please contact the Treasurer if you have any queries.)

## **PALMERSTON NORTH TRAMPING & MOUNTAINEERING CLUB**

**PNTMC** was formed in December 1965 by a group of enthusiastic trampers and mountaineers, with its first trip to Field Hut in the Tararuas on the 6th February 1966. Since then the Club has grown and currently has around 70 members.

Our aims include organising tramping and/or climbing trips each weekend, fostering the interaction of people with a common enthusiasm for the outdoors and facilitating members to develop skills necessary for safe and self-sufficient travel in forest and alpine environments.

For many years, the Club had a hut (Rangi Hut) situated just above the bush line on the western side of the Ruahine Ranges. The current hut is now owned and managed by the Department of Conservation. A display board in this hut records PNTMC's association with the area. In 2012 the club entered into a management agreement with DOC to provide support and strategic advice regarding Rangi Hut and to take over maintenance of Ngamoko and Mid-Pohangina Huts, in the Ruahine Forest Park.

The Club is an affiliated member of the Federation of Mountain Clubs of New Zealand (FMC) as we believe it is important to have an effective lobby group acting on behalf of our members at a national level.

### **Trips**

We typically have a day and overnight trip each weekend to places in the Ruahines, Tararuas or elsewhere. We also run longer trips (3 - 10 days) to places further afield. Trips are graded: Easy (E), Medium (M), Fit (F) and Fitness Essential (FE).

These grades are necessarily somewhat subjective and depend on the time of year, the roughness of the terrain, track condition, weather, snow conditions, etc. The grades are based on the time a reasonably proficient trampler would take to cover the route: Easy 3 - 4 hours per day; Medium 5 - 6 hrs; Fit 7 - 8 hrs; and FE, more than 8 hrs. Some trips are also tagged as Technical (T) as special skills such as ice axe and crampon use are necessary. We also have Family trips and mountain biking trips (MTB).

A "Guide for Trip Leaders" is available, for trip leaders in particular, to remind them of their responsibilities, while a "Trip Feedback Form" helps the club respond to your views of particular trips.

### **Instruction**

Besides informal instruction on trips, the club runs a comprehensive snowcraft instruction programme each winter. This typically involves 3 weekends away at Ruapehu, and 3 midweek evenings. This programme is essential for newcomers who wish to get into alpine tramping and basic climbing. We periodically also run rock climbing, navigation and glaciecraft instruction. We also encourage attendance on other organised outdoor recreation courses, e.g. river safety, outdoor first aid, avalanche awareness.

### **Gear**

The Club has a collection of gear available for hire from the gear custodian. PLBs are available free to members.

### **Club Nights**

Club nights are normally held on the second and last Thursdays of the month, at the Society of Friends Hall, 227 College Street; doors open at 7.15 pm with meeting start 7.30pm. A range of topics are presented by club members or guest speakers. Supper is provided. Please sign your name in the attendance book.

Club Committee normally meets on the second to last Thursday of the month. Any members are welcome to attend.

Other evening events include photo competitions, the annual interclub quiz, social BBQs, climbing wall visits and more.

### **Newsletters and Six Monthly Events Cards**

We produce a monthly newsletter outlining the coming events of the next month, together with trip reports and other information of interest to members. We also produce six-monthly Events Cards listing coming trips and club nights for January to June, and July to December. You can find copies of these on our website along with a rolling Events calendar. As programmed trips may change due to leader commitments or other reasons it is advisable to check Upcoming Trips in the current newsletter.

### **Search and Rescue**

The club supports local search and rescue activities carried out by the Police and NZ Land SAR. This is one way that club members can contribute their expertise and skills back to the community at large. Regular training is organised by Police/Land SAR, including monthly skills evenings and annual search and rescue exercises (SAREXs).

### **To Join PNTMC**

Non-members are welcome on club trips and at club nights. To become a member simply send your completed application form to the Secretary or Treasurer and pay the appropriate subscription.

We wish you happy tramping with us !