



PALMERSTON NORTH TRAMPING & MOUNTAINEERING CLUB (Inc.)

PO Box 1217 Palmerston North

www.pntmc.org.nz

APPLICATION FOR MEMBERSHIP

Date:

Name:

Address:

.....

Phone (home):(mobile).....

Email address:

Year of birth (if under 20):

The following information is required in case of trip delays, accident or emergency:

Next of kin: Relationship:.....

Phone number:

Address:

.....

Your employer:Phone (work):

Do you have any chronic medical condition, which in the interests of safety, we should know about (e.g. asthma, allergies to wasp stings etc. diabetes)?

.....

Present or past membership of other tramping/mountaineering clubs:.....

Select Your Subscription:

Full Sub (newsletter delivered)	Single \$45	Family \$50
E-sub (newsletter download from website)	Single \$35	Family \$40

Payment by on-line banking to our PNTMC account 030 726 0485 393 00 or by cheque or by cash to the Treasurer at a club night.

PNTMC maintains a database of members' names, addresses and phone numbers, together with next of kin details. This information is made available to the authorities in the event of a search & rescue enquiry. Names of new members are introduced in a current newsletter at the time of joining the club. Committee members and Trip leaders' names and phone numbers are circulated within and outside the Club via the Club's Events Card, newsletter and www.pntmc.org.nz. A current list of members is distributed annually to all members including phone, email and home addresses. Details of new members are emailed to all current members to keep the list up to date throughout the year.

PALMERSTON NORTH TRAMPING & MOUNTAINEERING CLUB

PNTMC was formed in December 1965 by a group of enthusiastic trampers and mountaineers, with its first trip to Field Hut in the Tararuas on the 6th February 1966. The Club has between 60 and 80 members; with a high proportion being very active trampers and mountaineers.

Our aims include: running tramping and/or climbing trips each weekend, fostering the interaction of people with a common enthusiasm for the outdoors and facilitating members to develop skills necessary for safe and self-sufficient travel in forest and alpine environments.

For many years, the Club had a hut (Rangi Hut) situated just above the bush line on the western side of the Ruahine Ranges. The current hut is now owned and managed by the Department of Conservation. A display board in this hut records PNTMC's association with the area. In 2012 the club entered into a management agreement with DOC to provide support and strategic advice regarding Rangi Hut and to take over maintenance of Ngamoko and Mid-Pohangina Huts.

The Club is an affiliated member of the Federation of Mountain Clubs of New Zealand (FMC) as we believe it is important to have an effective lobby group acting on behalf of our members at a national level.

Trips

We typically have a day and overnight trip each weekend to places in the Ruahines, Tararuas or elsewhere. We also run longer trips, 3 - 10 days, to places further afield. Trips are graded: Easy (E), Medium (M), Fit (F) and Fitness Essential (FE).

These grades are necessarily somewhat subjective depending on the time of year, the roughness of the terrain, track condition, weather, snow conditions, etc. The grades are based on the time a reasonably proficient trumper would take to cover the route: Easy 3 - 4 hours per day; Medium 5 - 6 hrs; Fit 7 - 8 hrs; and FE, more than 8 hrs. Some trips are also tagged as Technical (T) as special skills such as ice axe and crampon use are necessary, or Instructional (I).

A "Guide for Trip Leaders" is available, for trip leaders in particular, to remind them of their responsibilities, while a "Trip Feedback form" helps the club respond to your views of particular trips.

Instruction

Besides informal instruction on trips, the club runs a comprehensive snowcraft instruction programme each winter. This involves 3 weekends away at Ruapehu, and 3 midweek evenings. This programme is essential for newcomers who wish to get into alpine tramping and basic climbing. We periodically also run rock climbing, navigation and glaciercraft instruction. We also encourage attendance on FMC and NZ Mountain Safety Council (NZMSC) courses, eg; river safety, outdoor first aid.

Gear

The Club has a collection of mostly climbing gear available for hire from the gear custodian. PLBs are available free to members.

Club Nights

Club nights are normally held on the second and last Thursdays of the month, at the Society of Friends Hall, 227 College Street; doors open from 7.15 pm with meeting start 7.30pm. A range of topics are presented by club or guest speakers. Supper is provided. Please sign your name in the attendance book.

Club Committee meets on the second to last Thursday of the month (except December). All members are welcome to attend.

Other evening events include photo competitions, the annual interclub quiz, social BBQs, climbing wall visits and more.

Newsletters and Six Monthly Events Cards

We produce a high quality monthly newsletter outlining the coming events of the next month, together with trip reports and other information of interest to members. We also produce six-monthly Events Cards listing coming trips and club nights for Jan to June, and July to Dec. You can find copies of these on our website along with a rolling Events calendar. As trips may change due to leader commitments it is advisable to check Upcoming Trips in the current newsletter. You can also find us on Facebook.

Search and Rescue

The club maintains an active role in search and rescue, by providing search team(s) often at short notice when called upon by the Police and NZ Land SAR. This is one way that club members can contribute their expertise and skill back to the community at large. The Club's search team members are experienced trampers who partake in a ongoing training programme including search and rescue exercises (SAREXs).

To Join PNTMC

Non-members are welcome on club trips and at club nights. We recommend going on at least two trips before joining, then simply send us this completed application form and pay the subscription. Happy tramping !